

AKIRA – the service you need right now

In these unprecedented times, there's so much going on in the world, that the day-to-day things seem to escape the mind.

For myself, in the midst of working from home, finding a new routine of working back-to-back with my husband in the same room, and dealing with my own mental health struggles trying to cope with this whole situation, I forgot something small, yet so important: renewing my prescription medicine.

As soon as I realized I forgot to go to my doctor to get a new prescription, a million thoughts ran through my head: "is it safe? Is the clinic even open? Is he even taking patients? How will I go in the daytime when I'm working? Does he do virtual appointments?" This on top of the anxiety of just even the thought of venturing out of my home. Then it hit me; I already have something that allows me to renew my prescription without even leaving my home!

AKIRA.

AKIRA, the telemedicine service that my insurance plan provides. It's a mobile app that allows me to connect with a Doctor or Nurse Practitioner (NP) to access all sorts of non-emergency care: prescription renewal, symptom checking, referrals, etc. and it's available 24/7.

I opened the app and connected with a NP within minutes. I told him a bit about my medical history and sent a copy of my last prescription to show that I have been on this for years and had no issues. Within a couple minutes, he had issued a new prescription and sent it to my pharmacy of choice. The whole process took less than 10 minutes! No more 2 hour waiting room waits! Amazing isn't it? It's a healthcare revelation in my opinion. I couldn't be happier with my experience.

It's also not just me who thinks Akira is great. I spoke to client earlier this week and he raved about the service!

"As a long-term care worker, visiting a doctor or walk-in clinic for a minor health concern is problematic as we do not wish to run any risk of exposure to COVID19 from other patients, as our elderly residents are extremely vulnerable.

I used the Akira App for the first time in June for a virtual consultation with a Nurse Practitioner. Linking my PHN and our benefits plan details to the App was relatively simple, the wait time to see the NP wasn't very long after the initial screening by phone, and it saved me a two hour round trip from Burnaby to Kits, Vancouver. It also gave me peace of mind as opposed to visiting a walk-in clinic during COVID19."

I and so many of our clients are lucky to have Akira included in our group plan, for those that don't, there are alternative products available. With everything going on, it's easy to let your health take a back seat to anxiety and worry. Services like Akira help to eliminate that so you can feel comfortable getting the care and supplies you need to stay healthy. If you don't know what's available...give our office a shout...we'd love to help you learn more.